As an employee, you have the following rights:

You have the right to notify your employer or ADOSH about workplace hazards. You may not lose your job or be kept off your name confidentially.

You have the right to request that ADOSH conduct an inspection if you believe you are under unlawful conditions in your workplace. You or your representative may participate in the inspection.

If you believe you have been discriminated against for making safety and health complaints, or for exercising your rights under the Act, you can bring a constructive discharge claim without prior written notice.

You have the right to obtain copies of your medical records or records of your exposures to toxic and harmful substances or conditions.

Your employer must post this notice in your workplace.

The Industrial Commission and ADOSH do not cause employees to lose their jobs unless they have performed the following conditions:

- Made a claim under the Act
- Requested or used earned paid sick time
- Assisted any person in doing so

You have the right to protect the time frame for correction of any violation.

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